

FeelingBetterNow[®] is available to you and your family members and includes:

- A user-friendly mental health risk assessment.
- A personalized action plan for you and your health-care provider based on medical guidelines.
- Immediate access to curated mental health support resources for you and your family.

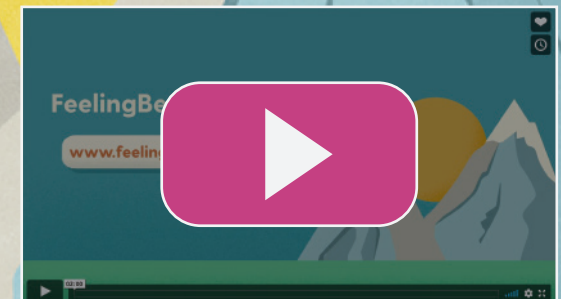


*feelingbetternow.com/otip
Create your anonymous account today!*

FeelingBetterNow[®] is a completely new approach to emotional and mental health management.

Take charge of your mental health!

Take the time to start **FeelingBetterNow[®]!**





Visit our website:
feelingbetternow.com/otip

3.

Take the assessment.
It only takes 4 to 12 min.



Take your results
to your health-care
provider.

2.

Create your account.
It's anonymous and
confidential.



Print your results.

6.

While you wait,
visit your toolbox for
helpful resources.