



Cancer Assistance Program



Answers • Guidance • Support

How can CAREpath help me and my family?

CAREpath starts by providing you with ANSWERS.

We are pleased to introduce CAREpath, a cancer assistance program, as a valuable addition to your Benefits Plan. This is a comprehensive program that provides those recently diagnosed with cancer or facing a cancer recurrence with ongoing, one-on-one, telephonic counseling, guidance and support by an Oncology Nurse Care Manager, backed by oncology physicians.

As part of your benefits plan, you, your spouse and dependent children now have access to this invaluable service.

If you, your spouse or dependent children under the age of 26 suspect of having cancer, are diagnosed with cancer or are living with cancer, call CAREpath at **1 800 290-5106** or email at info@carepath.ca

When you hear you have cancer, things change instantly. A few minutes with your doctor is not enough to ask all the questions you or your family will have.

CAREpath understands that. We know that patients feel like they've lost control over everything. And when patients come home after that first appointment, they realize how many questions have been left unanswered. Instead of waiting for the next appointment, our patients call CAREpath right away. You can too.

CAREpath will help:

- You will have the time to find out more about your cancer, what the treatment is, what other treatment options there are and potential side effects.
- CAREpath takes time to listen and that will make you feel better.
- You will get some control back by getting answers to your questions.

You won't have to face cancer alone.

CAREpath provides SUPPORT

Every cancer patient's expectations and needs are different. CAREpath provides a very individualized and personal service so you will get the support based on your situation.

CAREpath offers:

- Advice regarding lifestyle changes to prevent the recurrence of cancer and other chronic diseases based on an individualized risk assessment questionnaire.
- Counseling and tools for changing your lifestyle.
- Advice to reduce the long-term side effects of treatment.
- A detailed Survivorship Care Plan to serve as a guide for future health care.

Cancer patients navigated by CAREpath feel that:

- They are being treated as a unique person, and not just a person with a disease.
- They are safe since all conversations are kept private and confidential.
- They are stronger, as they and their families are given coping skills to deal with even the hardest moments.
- They find the courage to face their cancer because they are not facing it alone.

CAREpath may not be able to change your diagnosis, but they will make the journey easier.

CAREpath provides GUIDANCE

CAREpath will provide you and your family with guidance before and after your visit with the oncologist. You will go to the oncologist appointment feeling more empowered.

Some of the services before the visit include:

- Supportive counseling to immediately reduce anxiety.
- An explanation of options for tests and treatments in your particular case which have been designed and continuously updated by the world's leading cancer clinicians.
- Access to additional specialized counseling. After the visit, services include:
 - In-depth assessments of treatment plans and options proposed by the local treating oncologist to ensure they are consistent with medical best practices.
 - Facilitating access to the best cancer expertise and options for tests, treatments and clinical trials within Canada.
 - Facilitating access to medical second opinions.
 - Guidance to alternative treatment locations.



A Message From CAREpath

We specialize in cancer care. Our services are based on the most up-to-date and evidence-based information available globally.

We can help you and your family get the medical and emotional support you need and can answer your questions. From the first phone call, we will join you on your journey.

You won't need to fight cancer alone. Our patients feel empowered to better understand their disease so they know what to expect before, during and after treatment. They feel more comfortable at each specialist's appointment and know what questions to ask. In the end, our patients are able to more actively participate in decisions regarding testing and treatment - they become part of their own treatment team.

The Cancer Assistance Program

For more information please contact CAREpath at:

1 800 290-5106

www.carepath.ca

